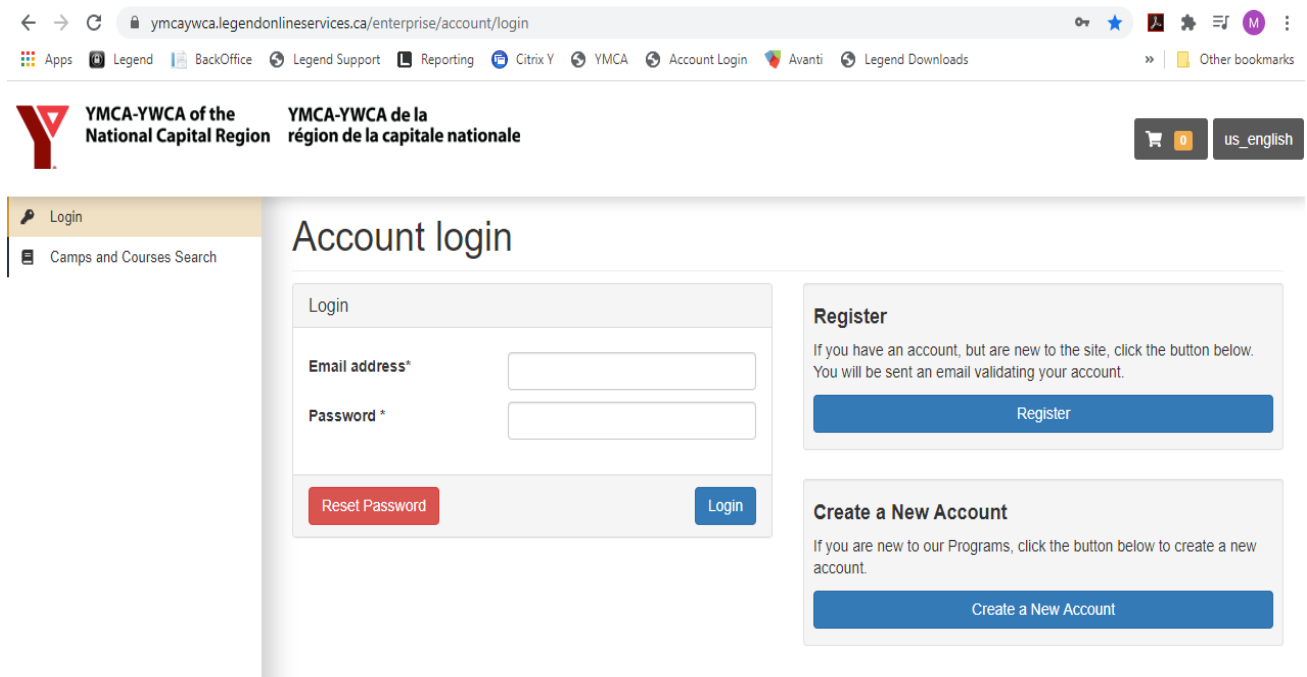
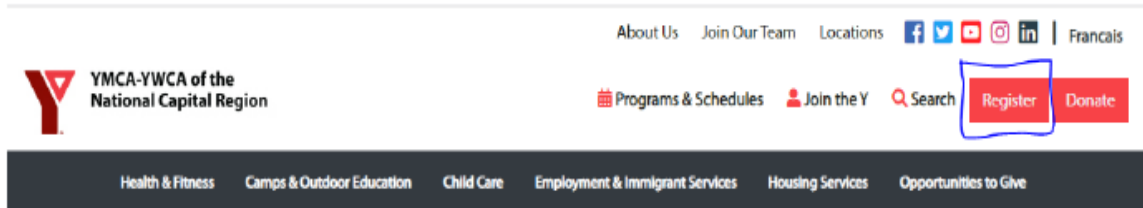


Make an Online booking

1. Go to our Website <https://www.ymcaywca.ca/>
2. Click on Register



Once logged in:
Click on the "Book a Workout of Class" button.

- My Account
- Memberships
- Camps and Courses Search
- My Bookings and Groups
- Log Off

Home

Notifications

This page lets you access your account and keep track of registrations, rentals and more.

You have successfully set up your online profile.

Account details

Name
Email address
Account status Active
Membership Type Family - Y Member
Account number

Family member

It is important to us that we have all your family members connected to your account, please take a moment to verify that the details we have are correct.

Make a booking

Book a Workout or Class

Programs

Make an Online Booking

Page 2 of 4

Then:

- Choose the Facility you would like book at,
- Choose the Category of what you are booking.
- Choose the Activity (s) you would like to book open.
- Click "View Timetable"

- My Account
- Memberships
- Camps and Courses Search
- My Bookings and Groups
- Log Off

Online booking

Facilities

Y
Taggart Family Y

Category

Classes
 Workouts

Activities

- Boot Camp
- Core Fit
- Group Strength Training
- Hatha Yoga
- High Intensity Intervals
- Step
- Young at Heart Group Strength
- Zumba

View Timetable

On the next page you will see the availability of all those activities. You can choose “today”, “tomorrow” or “select” a specific date. **Please note you can only book up to seven days in advance.**

Online booking

SEP 06, 2020 SEP 07, 2020 **SEP 08, 2020** SEP 09, 2020 SEP 10, 2020 Sep 07, 2020

8:45 AM CORE FIT \ RENFORCEMENT DU TRONC TAGGART FAMILY Y MINIMUM 0 45 7 Spaces	10:00 AM HATHA YOGA TAGGART FAMILY Y MINIMUM 0 45 8 Spaces	6:00 PM ZUMBA TAGGART FAMILY Y MINIMUM 0 45 8 Spaces
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Previous

Click on the booking you wish (green arrow) and then follow the screens to confirm your booking. At the end you can click “Subscribe” and this can add it to your own Calendar (e.g. Outlook, Google). Please note that all these bookings are included in your membership so no payment is required. You will receive a booking confirmation email. Please check your spam folder – just in case.

You can now view all your bookings by going to the following location. Click on “My Bookings and Groups”. From the expanded menu, select “View My Bookings”:

YMCA-YWCA of the National Capital Region **YMCA-YWCA de la région de la capitale nationale**

- My Account
- Memberships
- Camps and Courses Search
- My Bookings and Groups**
 - View My Bookings**
 - View Family Bookings
 - View My Groups
 - View Achievements
- Log Off

View bookings

Programs (0)

Drop in Bookings (1)

Workout Session

Location: Individual Conditioning Area (Taggart Family Y)

Date: Sep 08, 2020 12:40 PM - 1:55 PM

Enrolled

Waiting List (0)

[Click here to view waiting list](#)

Add bookings to your calendar

Click the link or copy the URL into your calendar application to have your bookings automatically added to your calendar.

[Subscribe](#)

If you wish to cancel a booking – please click the red circle with the ‘X’ inside and follow the instructions. Please give us as much notice as possible so that we can offer the space to other members. You can also call 343-804-0720.