



# Y Neighbourhood Day Camps

2022  
Camp Guide

YMCA-YWCA of the  
National Capital Region

   [ymcaywca.ca](https://www.ymcaywca.ca)

# Welcome to Y Neighbourhood Day Camps!

We are very fortunate to have an incredibly passionate and knowledgeable camp leadership team. With countless years of experience in childhood recreation programs and leadership training, our team is focused on making sure your camper has fun while gaining new skills to help them thrive at camp and beyond! We know that every camper has different needs; our leaders make the camp experience welcoming, engaging, and inclusive for all. At Y Neighbourhood Day Camps, we help children create memories and friendships for life!



**Vanessa Spratt**  
General Manager,  
Camping & Outdoor Education



**Griffen DeMorest-Purdy**  
Coordinator of Camping,  
Neighbourhood Day Camp Programs

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## Camp Locations

### July 4 - September 2

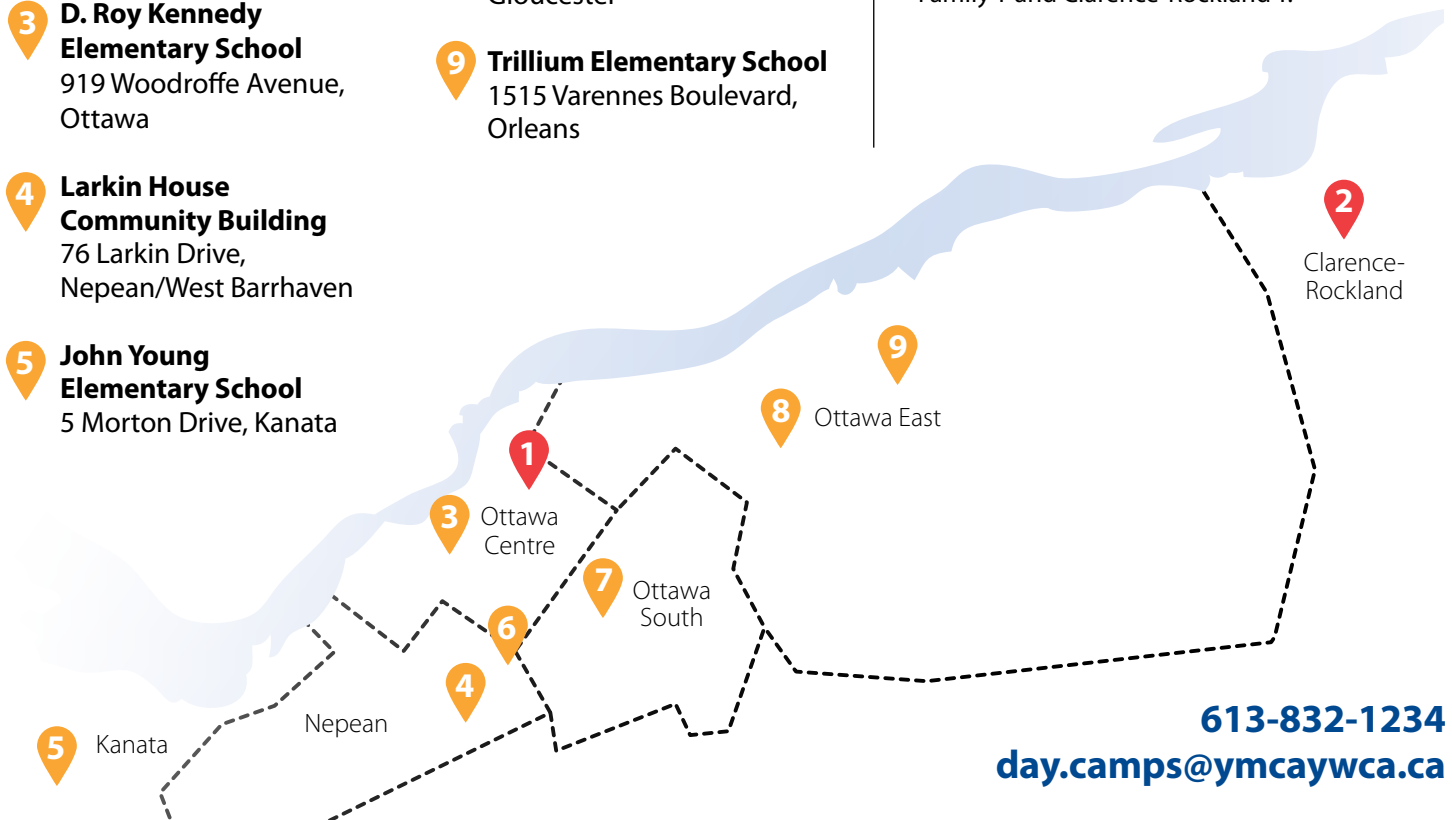
- 1 Taggart Family Y**  
180 Argyle Avenue,  
Ottawa
- 2 Clarence-Rockland Y**  
1-1525 du Parc Avenue,  
Rockland

### July 4 - August 19

- 3 D. Roy Kennedy Elementary School**  
919 Woodroffe Avenue,  
Ottawa
- 4 Larkin House Community Building**  
76 Larkin Drive,  
Nepean/West Barrhaven
- 5 John Young Elementary School**  
5 Morton Drive, Kanata
- 6 Meadowlands Public School**  
10 Fieldrow Street, Nepean
- 7 General Vanier Public School**  
1025 Harkness Avenue,  
Ottawa
- 8 Glen Ogilvie Public School**  
46 Centrepark Drive,  
Gloucester
- 9 Trillium Elementary School**  
1515 Varennes Boulevard,  
Orleans

## About Y Neighbourhood Day Camps

At Y Neighbourhood Day Camps, memories are made close to home. Children can choose specialty camps or take part in a range of traditional day camp activities in gymnasiums, local parks/green spaces, and activity rooms, as well as themed weeks with special guests and field trips to related offsite locations. Swimming is only available at: Taggart Family Y and Clarence-Rockland Y.



**613-832-1234**

**[day.camps@ymcaywca.ca](mailto:day.camps@ymcaywca.ca)**

### SAFETY

Whether on an out trip, on a field, in a gym, or on a climbing wall, our staff members emphasize safety in all activities. Counsellors are trained in First Aid and CPR, and lifeguards are nationally certified.

### EXTENDED DAY CAMPS

Morning and/or afternoon extended day camp hours are available for an additional fee to accommodate parents'/guardians' schedules. Please see registration information on page 12 to learn more.

### INCLUSION PROGRAMS

We are proud to offer supportive programs for participants with special needs and requirements.

This program allows campers the opportunity to participate in our camp programs with additional counsellor support ensuring that their experience is a positive one. Each camper will be assessed independently and assigned, with the help of the camper's family, a one to one or low ratio camper to counsellor experience within our camp's ability to provide the necessary support that will ensure a healthy and safe learning environment. Please note that space is limited and prices vary depending on programs. Specialty programs are subject to cost of program plus inclusion fees. To learn more, please contact our camp office at 613-832-1234 or [day.camps@ymcaywca.ca](mailto:day.camps@ymcaywca.ca).

# Y Neighbourhood Day Camps

## Program Overview

Our **Neighbourhood Day Camps** are proud to offer general programs which create a well-rounded experience for campers including themed weeks and traditional summer day camp activities.

Programs are separated into 4 age categories: Tiny Tots (4Y-5Y), Y Creators (6Y-9Y), Y Adventurers (10Y-12Y), and Leadership Camps (12Y-15Y). Campers in these general programs enjoy different activities each week. Some programs are available only at select locations.

\*Please note that all campers in all programs will be expected to attend the weekly field trip associated with their camp. Parents will be informed of any special activities or guest prior to their week of camp by email.

### Find the right camp for your child in three easy steps:

- 1 Choose the appropriate age group.
- 2 View available camp options.
- 3 Select the week(s) that works best and register!



# Tiny Tots General Programs

## Ages: 4Y-5Y

**Tiny Tots General Programs** feature themed weeks and traditional summer day camp activities. Each week there is a new focus and activities are age appropriate and tailored to highlight the theme. Depending on the week, children will be playing sports, making art, exploring nature, even learning about science!

### NATURALLY SCIENTIFIC

AGE: 4Y-5Y

With a focus on scientific discovery and hands on experience, this will be a week to remember! Campers will get a chance to learn more about the natural world from a scientific point of view while still participating in all kinds of traditional summer camp activities. This week will offer a variety of scientific explorations with a focus on our natural environment. **Out trip – Bonnenfant Y Outdoor Education Centre.**

July 4 - 8

M \$217.80

NM \$242

### H2O EXTREME

AGE: 4Y-5Y

Enjoy a week of traditional camp activities with a highlight on water games and activities! Campers will take trips to local waterfronts/splash pads, take virtual trips to aquariums along with an offsite field trip to local a waterpark! **Out trip – Mont Cascade Waterpark.**

July 11 - 15

M \$217.80

NM \$242

### SPORTS FOR ALL SORTS

AGE: 4Y-5Y

This week will be all about sports with a focus on building some skills! With so many fun games to choose from this week, there will be something for everyone to learn. Some of the sports we'll play include soccer, football, basketball and other non-traditional sports. **Out trip – Lansdowne Stadium.**

July 18 - 22

M \$217.80

NM \$242

### CENTER STAGE

AGE: 4Y-5Y

Find the spotlight and find yourself in the arts for this specialized week! We will be developing skills in the arts, finding passion in self-expression and encouraging campers to step out of their comfort zones to learn more about music, drama and art. **Out trip – Taggart Family Y - Special Guests: The Rhythm Room.**

July 25 - 29

M \$217.80

NM \$242

### COUNTY FAIR

AGE: 4Y-5Y

Popcorn, face painting and three legged races! County Fair week will be filled with exciting games and activities that campers will love. **Out trip – Saunders Farm – for corn mazes, petting zoos and more.**

August 2 - 5\*

M \$174.24

NM \$193.60

## THE SCIENCE OF THINGS – DINOSAURS!

AGE: 4Y-5Y

With a focus on scientific discovery and hands on experience, this will be a week to learn more about the science we experience in our everyday lives while still participating in all kinds of traditional summer camp activities. This week will have a variety of scientific explorations with a focus on all things DINO! **Out trip – Museum of Nature.**

August 8 - 12

M \$217.80

NM \$242

## H2O EXTREME

AGE: 4Y-5Y

Enjoy a week of traditional camp activities with a highlight on water games and activities! Campers will take trips to local waterfronts/splash pads, take virtual trips to aquariums along with an offsite field trip to local a waterpark! **Out trip – Mont Cascade Waterpark.**

August 15 - 19

M \$217.80

NM \$242

## SPORTS FOR ALL SORTS

AGE: 4Y-5Y

This week will be all about sports with a focus on building some skills! With so many fun games to choose from this week, there will be something for everyone to learn. Some of the sports we'll play include ultimate Frisbee, soccer baseball, basketball and more. **Out trip – Flying Squirrel Trampoline Park.**

August 22 - 26

M \$217.80

NM \$242

## WELCOME TO THE JUNGLE

AGE: 4Y-5Y

This week we are focusing on all things wild! We want your campers to roar with excitement in fun themed jungle activities and games this week! **Special Guest – Little Ray's Reptiles.**

Aug 29 - Sep 2

M \$217.80

NM \$242



## Extended Day Camp

Ages: 4Y-15Y

Extended Day Camp is available in the morning and afternoon for all day campers to accommodate parents'/guardians' schedules.

7AM - 9AM

M \$30/wk

NM \$30/wk

4PM - 6PM

M \$30/wk

NM \$30/wk

To register for Extended Day Camp, select the appropriate section when registering for camp.

# Y Creators General Programs

Ages: 6Y-9Y

**Y Creators General Programs** feature themed weeks and traditional summer day camp activities. Each week there is a new focus and activities are age appropriate and tailored to highlight the theme. Depending on the week, children will be playing sports, making art, exploring nature, even learning about science!

## NATURALLY SCIENTIFIC

AGE: 6Y-9Y

With a focus on scientific discovery and hands on experience, this will be a week to remember! Campers will get a chance to learn more about the natural world from a scientific point of view while still participating in all kinds of traditional summer camp activities. This week will offer a variety of scientific explorations with a focus on our natural environment. **Out trip – Bonnenfant Y Outdoor Education Centre.**

July 4 - 8

M \$217.80

NM \$242

## H2O EXTREME

AGE: 6Y-9Y

Enjoy a week of traditional camp activities with a highlight on water games and activities! Campers will take trips to local waterfronts/splash pads, take virtual trips to aquariums along with an offsite field trip to local a waterpark! **Out trip – Mont Cascade Waterpark.**

July 11 - 15

M \$217.80

NM \$242

## SPORTS FOR ALL SORTS

AGE: 6Y-9Y

This week will be all about sports with a focus on building some skills! With so many fun games to choose from this week, there will be something for everyone to learn. Some of the sports we'll play include soccer, football, basketball and other non-traditional sports. **Out trip – Lansdowne Stadium.**

July 18 - 22

M \$217.80

NM \$242

## CENTER STAGE

AGE: 6Y-9Y

Find the spotlight and find yourself in the arts for this specialized week! We will be developing skills in the arts, finding passion in self-expression and encouraging campers to step out of their comfort zones to learn more about music, drama and art. **Out trip – Taggart Family Y - Special Guests: The Rhythm Room.**

July 25 - 29

M \$217.80

NM \$242

## COUNTY FAIR

AGE: 6Y-9Y

Popcorn, face painting and three legged races! County Fair week will be filled with exciting games and activities that campers will love. **Out trip – Saunders Farm – for corn mazes, petting zoos and more.**

August 2 - 5\*

M \$174.24

NM \$193.60

## THE SCIENCE OF THINGS – DINOSAURS!

AGE: 6Y-9Y

With a focus on scientific discovery and hands on experience, this will be a week to learn more about the science we experience in our everyday lives while still participating in all kinds of traditional summer camp activities. This week will have a variety of scientific explorations with a focus on all things DINO! **Out trip – Museum of Nature.**

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Enjoy a week of traditional camp activities with a highlight on water games and activities! Campers will take trips to local waterfronts/splash pads, take virtual trips to aquariums along with an offsite field trip to local a waterpark! **Out trip – Mont Cascade Waterpark.**

August 15 - 19

M \$217.80

NM \$242

## SPORTS FOR ALL SORTS

AGE: 6Y-9Y

This week will be all about sports with a focus on building some skills! With so many fun games to choose from this week, there will be something for everyone to learn. Some of the sports we'll play include ultimate Frisbee, soccer baseball, basketball and more. **Out trip – Flying Squirrel Trampoline Park.**

August 22 - 26

M \$217.80

NM \$242

## WELCOME TO THE JUNGLE

AGE: 6Y-9Y

This week we are focusing on all things wild! We want your campers to roar with excitement in fun themed jungle activities and games this week! **Special Guest – Little Ray's Reptiles.**

Aug 29 - Sep 2

M \$217.80

NM \$242



## Extended Day Camp

Ages: 4Y-15Y

Extended Day Camp is available in the morning and afternoon for all day campers to accommodate parents'/guardians' schedules.

7AM - 9AM

M \$30/wk

NM \$30/wk

4PM - 6PM

M \$30/wk

NM \$30/wk

To register for Extended Day Camp, select the appropriate section when registering for camp.



# Y Adventurers General Programs

## Ages: 10Y-12Y

**Y Adventurers General Programs** feature themed weeks and traditional summer day camp activities. Each week there is a new focus and activities are age appropriate and tailored to highlight the theme. Depending on the week, children will be playing sports, making art, exploring nature, even learning about science!

### NATURALLY SCIENTIFIC

AGE: 10Y-12Y

With a focus on scientific discovery and hands on experience, this will be a week to remember! Campers will get a chance to learn more about the natural world from a scientific point of view while still participating in all kinds of traditional summer camp activities. This week will offer a variety of scientific explorations with a focus on our natural environment. **Out trip – Bonnenfant Y Outdoor Education Centre.**

July 4 - 8	M \$217.80	NM \$242
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### H2O EXTREME

AGE: 10Y-12Y

Enjoy a week of traditional camp activities with a highlight on water games and activities! Campers will take trips to local waterfronts/splash pads, take virtual trips to aquariums along with an offsite field trip to local a waterpark! **Out trip – Mont Cascade Waterpark.**

July 11 - 15	M \$217.80	NM \$242
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### SPORTS FOR ALL SORTS

AGE: 10Y-12Y

This week will be all about sports with a focus on building some skills! With so many fun games to choose from this week, there will be something for everyone to learn. Some of the sports we'll play include soccer, football, basketball and other non-traditional sports. **Out trip – Lansdowne Stadium.**

July 18 - 22	M \$217.80	NM \$242
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### CENTER STAGE

AGE: 10Y-12Y

Find the spotlight and find yourself in the arts for this specialized week! We will be developing skills in the arts, finding passion in self-expression and encouraging campers to step out of their comfort zones to learn more about music, drama and art. **Out trip – Taggart Family Y - Special Guests: The Rhythm Room.**

July 25 - 29	M \$217.80	NM \$242
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## COUNTY FAIR

AGE: 10Y-12Y

Popcorn, face painting and three legged races! County Fair week will be filled with exciting games and activities that campers will love. **Out trip – Saunders Farm – for corn mazes, petting zoos and more.**

August 2 - 5\*

M \$174.24

NM \$193.60

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AGE: 10Y-12Y

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M \$217.80

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August 15 - 19

M \$217.80

NM \$242

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AGE: 10Y-12Y

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August 22 - 26

M \$217.80

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AGE: 10Y-12Y

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Aug 29 - Sep 2

M \$217.80

NM \$242

## Extended Day Camp Ages: 4Y-15Y

Extended Day Camp is available in the morning and afternoon for all day campers to accommodate parents'/guardians' schedules.

7AM - 9AM

M \$30/wk

NM \$30/wk

4PM - 6PM

M \$30/wk

NM \$30/wk

To register for Extended Day Camp, select the appropriate section when registering for camp.

# Leadership and Inclusion Programs

**Y Leadership Camps** are tailored for teens and youth who want to learn new skills and develop their leadership abilities. Campers earn certification while making new friends and learning how to be effective leaders.

## Y LEADERS CAMP - LEVEL 1

AGE: 12Y-13Y

Spend the summer days investing in your future! Y Leaders Camp - Level 1 helps youth ages 12Y-13Y gain the experience and skills that will help them grow into community leaders. This two-week program includes the YMCA Babysitting Course, Play-it-Fair training Certification, and a team-building field trip to our Bonnenfant Y Outdoor Education and Leadership Centre.

July 4 - 15	<b>M</b> \$435.60	<b>NM</b> \$484
August 8 - 19	<b>M</b> \$435.60	<b>NM</b> \$484

## Y LEADERS CAMP - LEVEL 2

AGE: 14Y-15Y

Y Leaders Camp - Level 2 is a two-week camp that builds on the courses learned in Level 1, but does not require it as a pre-requisite to register. Youth ages 14Y-15Y will gain additional skills and experience that will help them grow into community leaders. This program includes the Standard First Aid and AED Course, a YMCA Healthy Child Development Course, and a team-building field trip to our Bonnenfant Y Outdoor Education and Leadership Centre.

Certifications will be handed out upon successful completion of each course. Both programs are designed to provide youth with valuable training experiences and the opportunity to become junior camp counsellors.

July 18 - 29	<b>M</b> \$435.60	<b>NM</b> \$484
Aug 22 - Sep 2	<b>M</b> \$435.60	<b>NM</b> \$484

## INCLUSION PROGRAM

AGE: 4Y-15Y

We are proud to offer supportive programs for participants with special needs and requirements. This program allows campers the opportunity to participate in our camp programs with additional counsellor support ensuring that their experience is a positive one. Each camper will be assessed independently and registered, with the help of the camper's family, a one to one or low ratio camper to counsellor experience within our camp's ability to provide the necessary support that will ensure a healthy and safe learning environment. Please note that space is limited and prices vary depending on programs. Specialty programs are subject to cost of program plus inclusion fees. To learn more, please contact our camp office at 613-832-1234 or [day.camps@ymcaywca.ca](mailto:day.camps@ymcaywca.ca).



# How to Register for Y Camps



## Online

Visit [ymcaywca.ca](http://ymcaywca.ca) and follow the links to register.



## By email

Download the registration form from [ymcaywca.ca](http://ymcaywca.ca), complete it, and email to: [day.camps@ymcaywca.ca](mailto:day.camps@ymcaywca.ca).



## In person

Download the registration form from [ymcaywca.ca](http://ymcaywca.ca), complete it, and bring it to any of our Y centres.

### Full payment is due at time of registration.

Once registered, please be sure to download the Neighbourhood Day Camp Parent's Handbook. Included in your handbook is important information about what your child should expect at camp, what they should bring with them, as well as Y rules and code of conduct. Parent's Handbooks can be found online at [ymcaywca.ca](http://ymcaywca.ca).

## REFUNDS AND TRANSFERS\*

Requests for refunds must be made in writing by email. The camp fee per session, less a deposit of 25% will be refunded if cancellation occurs at a minimum of two weeks' notice. No refunds are offered after the applicable deadline.

Requests for transfers must be made in writing by email. Deposits are non-transferable. All transfers must be completed at least two weeks prior to the session start date.

\* There are no refunds for children who are asked to leave camp due to behavioural issues.

## EXTENDED DAY CAMP

Extended Day Camp (EDC) is available for our Day Campers to accommodate parents'/guardians' schedules. Extended morning hours run from 7AM-9AM, and afternoon hours are 4PM-6PM. Additional charges apply.

### EDC is offered at the following locations:

#### July 4 - September 2

- Taggart Family Y
- Clarence-Rockland Y

#### July 4 - August 19

- D. Roy Kennedy Elementary School
- Larkin House Community Building
- John Young Elementary School
- Meadowlands Public School
- General Vanier Public School
- Glen Ogilvie Public School
- Trillium Elementary School

7AM - 9AM

M \$30/wk

NM \$30/wk

4PM - 6PM

M \$30/wk

NM \$30/wk

To register for EDC, select the appropriate section when registering for camp.

## INCLUSION PROGRAMS

We are proud to offer supportive programs for participants with special needs and requirements. This program allows campers the opportunity to participate in our camp programs with additional counsellor support ensuring that their experience is a positive one. Each camper will be assessed independently and registered, with the help of the camper's family, a one to one or low ratio camper to counsellor experience within our camp's ability to provide the necessary support that will ensure a healthy and safe learning environment. Please note that space is limited and prices vary depending on programs. Specialty programs are subject to cost of program plus inclusion fees. To learn more, please contact our camp office at 613-832-1234 or day.camps@ymcaywca.ca.

## FINANCIAL ASSISTANCE

Thanks to the generous support of donors and various fundraising initiatives year-round, we are able to provide financial assistance for families who otherwise could not afford the experience for their children. Visit [ymcaywca.ca](http://ymcaywca.ca) to download a Financial Assistance Application Form. For more information, please call the camp office at 613-832-1234.