



Expanded Services at Your Y!

On Friday October 22, the Province of Ontario further eased COVID restrictions for recreation facilities. Although we are excited by this progress, we remain committed to proceeding in the safest possible way. Our available programs and services will continue to expand sequentially, as we are able.

At this time, we are happy to announce that **starting November 1**, the Taggart Family Y will begin making the following changes/additions:

- Pre-booking for drop-in fitness classes and to access the main Plus Membership Facilities will **no longer be required**.
- Pre-Booking for aquatic programs **will continue** at this time and will be reassessed later in November.
- **Saunas, Steam Rooms**, and the **Kids Zone** will be **open** with posted guidelines.
- Fitness classes will be able to accommodate more participants. (If you were on a waitlist, please check in with us if you haven't already received a call).
- At this time our hours will remain the same: Monday to Friday: 7AM - 7PM, Saturday: 9AM - 3PM and Sunday: Closed.

Continued Safety Protocols

We are thrilled to be able offer members and guests more services! Please be aware that many safety protocols still remain in place. **Members and guests will still be required to:**

- Pre-Screen for COVID-19 symptoms by using our app, or upon arrival with our staff.
- Provide proof of full vaccination or valid exemption status per Provincial Government regulations.
- Wear a proper face mask in any common areas when not physically exercising.
- Practice regular hand hygiene/hand sanitization.
- Clean/sanitize any fitness equipment before and after each use.
- Bring your own water container, towel, and yoga mat if required.
- Be respectful of fellow members'/guests' personal space in all areas of the facility.

Thank You

The safety of our members, guests and staff is our top priority. Our high level cleaning and sanitization procedures will remain in place and we will continue to follow local, provincial and federal guidelines for COVID safety.

We appreciate your patience and understanding and look forward to providing you with more of the services you have come to expect from your Y!

For more information please reach out to our member service team at memberships@ymcaywca.ca.