



Update on Re-Opening

Dear Taggart Family Y Member,

We hope you are well and have been enjoying the summer. We are reaching out to you today with some good news!

We are happy to share that **two of our health and fitness centres have scheduled re-opening dates:**

- The Taggart Family Y's health, fitness and aquatics facilities will re-open on **September 7, 2021**
- The Clarence-Rockland Y's health fitness and aquatics facilities will re-open **November 1, 2021**

Each centre will expand the programs and services offered sequentially, as soon as they are able. Please see below for some information about what you can expect at your Y, and what programs and services will be available as we re-open.

Our Y is committed to putting the health and safety of our community first and are working diligently to ensure a safe re-opening under the Government of Ontario and Ottawa Public Health's most recent guidelines.

We thank you for your support as we continue to provide critical services across our region. If you have questions, please reach out to our member service team: memberships@ymcaywca.ca

Sincerely,

Your Y Health, Fitness & Aquatics Team

Taggart Family Y | What to Expect

On Tuesday, September 7, the Taggart Family Y's health, fitness and aquatics centre will once again be open **for all ages!**

We will be offering [group fitness classes](#), [swim programs](#), access to the conditioning floor, limited [child and youth programs](#), and Plus members can once again access the Men's and Women's Plus areas. A smaller number of registered programs will also be available for the Fall season (running September to December). An [online program guide](#) will be available to view later this week. We will be opening sequentially, expanding on our programs and services as we are able.

Visit the [reopening section on our website](#) to view our opening hours, and read about our safety measures and guidelines. And be sure to save time by logging into the Y Member App to complete your health screening before each visit! (you can request an app invitation from memberships@ymcaywca.ca)

Please note that **all Taggart Family Y memberships will be reactivated as of September 7, 2021**. If you would rather keep your membership on hold at this time, please contact our member service team at memberships@ymcaywca.ca **before September 1, 2021**.

Booking Your Y Visit

In order to take part in a group fitness class, access the pool, or visit the Men's or Women's PLUS areas, **you must first [pre-book your visit](#)**.

You do not need to book in advance to access the conditioning floor!

How to book online:

- If you don't already have one, first [set up your online Y account](#)
- Once you are set up, [log into your Y account](#). You will see a "make a booking" section at the top of the page. Follow the instructions, or [view step by step instructions on using the booking tool \(PDF\)](#).

If you are having trouble setting up your account or booking online, please contact us at onlinesupport@ymcaywca.ca. You can also book your sessions via phone with our Membership Services Centre at 343-804-0720, or in person.



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