



Camp Otonabee

Outdoor Day Camps

2021

Camp Guide

YMCA-YWCA of the
National Capital Region

   [ymcaywca.ca](https://www.ymcaywca.ca)

Your Camp Leadership Team

We are very fortunate to have an incredibly passionate and knowledgeable camp leadership team at Camp Otonabee. With countless years of experience in recreation, wilderness tripping, and outdoor day and overnight camping, our team is focused on making sure your camper has fun while gaining new skills to help them thrive at camp and beyond! We know that every camper has different needs; our leaders make the camp experience welcoming, engaging, and inclusive for all. At Camp Otonabee, we help children create memories and friendships for life!



Vanessa Spratt
General Manager,
Camping & Outdoor Education



Sara Pinsky
Camp Program Supervisor –
Camp Director, Camp Otonabee



Keegan Fitzgibbons
Camping Coordinator,
Camp Otonabee


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About Camp Otonabee

Camp Otonabee provides the opportunity for children and youth to engage in outdoor activities and discover the natural world. Campers will acquire new skills, build self-confidence and establish lasting friendships. Campers can choose from specialty camps, two and four week leadership camps, or participate in our regular day camps - all located just minutes north of Kanata! Camper activities can include canoeing, climbing wall, high ropes, kayaking, swimming, orienteering, nature education and more.

 **Camp Otonabee**
1620 Sixth Line Road, RR#1
Dunrobin, ON K0A 1T0
613-832-1234 | day.camps@ymcaywca.ca



SAFETY

Whether at the waterfront, in camp, or on the climbing wall, staff members emphasize safety in all activities. Counsellors are trained in First Aid and CPR, and lifeguards and out trip staff are nationally certified. There is always a staff Wellness Coordinator on site dedicated to attend to campers' medical needs, and our COVID-19 policies and procedures.

Note that while our Y is taking every possible measure to apply safeguards to our day camps, there is inherent risk when participating in publicly run programs when the COVID-19 vaccine is not widely available. Please refer to each camp description for further information on program-specific safety measures.

INCLUSION PROGRAMS

We are proud to offer supportive programs for participants with special needs and requirements. This program allows campers the opportunity to participate in our camp programs with additional counsellor support ensuring that their experience is a positive one. Each camper will be assessed independently and assigned, with the help of the camper's family, a one to one or low ratio camper to counsellor experience within our camp's ability

to provide the necessary support that will ensure a healthy and safe learning environment. Please note that space is limited and prices vary depending on programs. Specialty programs are subject to cost of program plus inclusion fees. To learn more, please contact our camp office at 613-832-1234 or day.camps@ymcaywca.ca.

BUSES

Busing to camp is part of the experience! We are pleased to offer campers daily bus transportation to and from Camp Otonabee at an additional cost of \$20/week for each registrant. Your child must be confirmed and registered for bus service, and must remain on the same bus throughout their time at camp. To learn more, please contact our camp office at 613-832-1234 or visit ymcaywca.ca for bus schedules.

EXTENDED DAY CAMPS

Morning and/or afternoon extended day camp hours are available at our Camp Otonabee site for an additional fee to accommodate parents'/guardians' schedules. Please see registration information on page 12 to learn more.

Camp Otonabee

Program Overview

Camp Otonabee offers **three categories of camps to choose from**, to engage, inspire and celebrate your child's passion for the natural world.

GENERAL PROGRAMS | AGES: 4Y-13Y

General programs offer a well-rounded experience for campers who want to participate in all aspects of camp! These are our Kinder, New Discoveries, Pioneers, Explorers, and Young Wonders programs. Campers in these general programs have the opportunity to participate in several different areas of camp which allows for a diverse experience. These programs are great for first-time campers and campers who love variety. [Learn more about General programs on page 5.](#)

SPECIALTY PROGRAMS | AGES: 8Y-13Y

Specialty programs are intended for campers who would like to focus on specific camp programs and build skills within those disciplines. Campers can choose to concentrate on high ropes challenge courses, paddle sports, nature and survival programming and more! [Learn more about Specialty programs on page 8.](#)

LEADERSHIP PROGRAMS | AGES: 14Y-16Y

Leadership programs offer excellent experience and training for potential camp counsellors and future community leaders. Our two certificate programs are designed to allow participants to share ideas and participate in experiential leadership activities. The overall objective for campers in our leadership programs is to develop and refine their communication skills, learn how to build consensus amongst a group, develop a sense of self in relation to a group, build confidence, and engage with others. Leadership campers develop skills, work through group challenges and gain experience in group dynamics and risk management. [Learn more about Leadership programs on page 11.](#)

Find the right camp for your child in three easy steps:

- 1 Choose the appropriate age group.
- 2 View available camp options.
- 3 Select the week(s) that works best and register!



General Programs

Ages: 4Y-13Y

Dress up Day with Themed Programs

All **Kinder**, **New Discoveries**, and **Pioneer** campers participate in a theme day! At the beginning of every week, themes will be announced on the Camp Otonabee Facebook page and/or in notes home. Then typically on Wednesday, campers can come to camp dressed up and participate in a program period with activities based on the theme. Some examples of past theme days are: Disney, Olympics, and magical creatures.



KINDER

AGE: 4Y-5Y

The Kinder program introduces our youngest campers to all aspects of camp in a fun and safe environment! This program promotes gross motor development, active learning, and cooperative play. Kinders will be participating in a variety of games and outdoor activities which include: cooperative games, arts and crafts, nature hikes, swimming, canoeing, our Kinder Adventure Structure, and our age-appropriate high rope element "The Flying Squirrel"! Our Kinders will have the opportunity to participate in all of these great programs and more throughout their week with us here at Camp Otonabee! Staff to child ratio is 1:6 to help ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

June 28 - July 2*	M \$179.30	NM \$199.20
July 5 - 9	M \$224.10	NM \$249
July 12 - 16	M \$224.10	NM \$249
July 19 - 23	M \$224.10	NM \$249
July 26 - 30	M \$224.10	NM \$249
August 3 - 6*	M \$179.30	NM \$199.20
August 9 - 13	M \$224.10	NM \$249
August 16 - 20	M \$224.10	NM \$249
August 23 - 27	M \$224.10	NM \$249

REGISTER ONLINE 

NEW DISCOVERIES

AGE: 6Y-7Y

This program offers a well-rounded experience for campers who want to experience all aspects of Camp Otonabee! Our New Discoveries have the opportunity to participate in several different areas of camp including: cooperative games, low ropes challenge courses, canoeing, swimming, an age-appropriate high rope element, fire building, shelter building, nature hikes, and orienteering. Staff to child ratio is 1:8 to help ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

June 28 - July 2*	M \$179.30	NM \$199.20
July 5 - 9	M \$224.10	NM \$249
July 12 - 16	M \$224.10	NM \$249
July 19 - 23	M \$224.10	NM \$249
July 26 - 30	M \$224.10	NM \$249
August 3 - 6*	M \$179.30	NM \$199.20
August 9 - 13	M \$224.10	NM \$249
August 16 - 20	M \$224.10	NM \$249
August 23 - 27	M \$224.10	NM \$249

REGISTER ONLINE 

PIONEERS

AGE: 8Y-9Y

The Pioneer program provides our junior campers with the independence and challenge they crave as they move into their junior years. While still ensuring low camper to counsellor ratios and age-appropriate programs, campers will participate in canoeing, orienteering, swimming, high ropes challenge courses, low ropes challenges, arts and crafts, archery, nature programs and much more! Staff to child ratio is 1:8 to help ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

June 28 - July 2*	M \$179.30	NM \$199.20
July 5 - 9	M \$224.10	NM \$249
July 12 - 16	M \$224.10	NM \$249
July 19 - 23	M \$224.10	NM \$249
July 26 - 30	M \$224.10	NM \$249
August 3 - 6*	M \$179.30	NM \$199.20
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August 16 - 20	M \$224.10	NM \$249
August 23 - 27	M \$224.10	NM \$249

REGISTER ONLINE 



EXPLORERS

AGE: 10Y-11Y

This program is designed as a well-rounded experience for campers who want a general experience of Camp Otonabee! Our Explorers have the opportunity to participate in many different areas of camp including: cooperative games, low ropes challenge courses, canoeing, kayaking, swimming, fire building, shelter building, nature programs, orienteering, and one of our high ropes challenge courses! Staff to child ratio is 1:10 to help ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

June 28 - July 2*	M \$179.30	NM \$199.20
July 5 - 9	M \$224.10	NM \$249
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July 19 - 23	M \$224.10	NM \$249
July 26 - 30	M \$224.10	NM \$249
August 3 - 6*	M \$179.30	NM \$199.20
August 9 - 13	M \$224.10	NM \$249
August 16 - 20	M \$224.10	NM \$249
August 23 - 27	M \$224.10	NM \$249

REGISTER ONLINE 

YOUNG WONDERS

AGE: 12Y-13Y

This program focuses on outdoor living skills. Campers will gain efficiency in starting fires, building shelters, and identifying local plants and animals. Campers will also have an opportunity to go kayaking, stand-up paddle boarding, and experience our high ropes challenge course called "Static". The Young Wonders program is designed with skill building in mind. Campers spend more time on each activity while focusing on teamwork and cooperation. Staff to child ratio is 1:10 to help ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

June 28 - July 2*	M \$179.30	NM \$199.20
July 5 - 9	M \$224.10	NM \$249
July 12 - 16	M \$224.10	NM \$249
July 19 - 23	M \$224.10	NM \$249
July 26 - 30	M \$224.10	NM \$249
August 3 - 6*	M \$179.30	NM \$199.20
August 9 - 13	M \$224.10	NM \$249
August 16 - 20	M \$224.10	NM \$249
August 23 - 27	M \$224.10	NM \$249

REGISTER ONLINE 

Extended Day Camp

Ages: 4Y-16Y

Extended Day Camp (EDC) is available in the morning and afternoon at our Camp Otonabee site to accommodate parents'/guardians' schedules. During EDC, campers may be required to wear masks and socially distance during activities.

7AM - 9AM M \$28.50/wk NM \$28.50/wk

4PM - 6PM M \$28.50/wk NM \$28.50/wk

To register for Extended Day Camp, select the appropriate section when registering for camp.



Specialty Programs

Ages: 8Y-13Y

JUNIOR ADVENTURE CAMP

AGE: 8Y-10Y

This program's focus is on high ropes challenge courses and an introduction to climbing. Campers will learn useful climbing knots, climbing safety, and will have the opportunity to experience our beginner and moderate difficulty high ropes courses climbing a few different elements throughout the week. Junior Adventure Campers will also have the opportunity to participate in classic camp activities such as swimming, canoeing, cooperative team building games, fire building, and shelter building. Staff to child ratio is 1:8 to help ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

July 5 - 9	M \$289.80	NM \$322
July 19 - 23	M \$289.80	NM \$322
August 3 - 6*	M \$231.80	NM \$257.60
August 16 - 20	M \$289.80	NM \$322

REGISTER ONLINE 

JUNIOR PADDLE SPORTS

AGE: 8Y-10Y

This program's emphasis is on the acquisition of paddling skills in canoeing, kayaking, and stand-up paddle boarding. The focus will be on instruction of basic strokes, navigation, and boater safety. Every day will have a different boating activity and multiple canoeing periods throughout the week to build proficiency. Campers will have the opportunity to participate in a culminating day-trip from our beach on the Ottawa River. Campers will also have the opportunity to participate in other aspects of camp such as swimming, cooperative team building games, fire building, shelter building, and experience one of our high ropes challenge course elements. Staff to child ratio is 1:8 to help to ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

June 28 - July 2*	M \$231.80	NM \$257.60
July 12 - 16	M \$289.80	NM \$322
July 26 - 30	M \$289.80	NM \$322
August 9 - 13	M \$289.80	NM \$322
August 23 - 27	M \$289.80	NM \$322

REGISTER ONLINE 





ARTS & DRAMA

AGE: 8Y-11Y

This program is designed for children who would like to combine arts with the experience of an outdoor camp. Focus will be on using the natural environment as inspiration for sketches and crafts and they will also have the opportunity to write, direct, and perform a play at camp! Arts and Drama campers will also participate in camp activities, such as rock climbing, canoeing, swimming, and cooperative games. Staff to child ratio is 1:8 to help to ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

July 5 - 9	M \$224.10	NM \$249
July 26 - 30	M \$224.10	NM \$249
August 16 - 20	M \$224.10	NM \$249

[REGISTER ONLINE](#)

YOUNG NATURALIST

AGE: 8Y-11Y

This program provides opportunities for campers to explore our natural world and learn outdoor survival skills. Focus is on nature-inspired activities such as hiking, microsite investigations, plant identification, shelter building, fire building, and our seeds and soil program. Campers will also have an opportunity to experience high ropes, swimming, and canoeing! Staff to child ratio is 1:8 to help to ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

June 28 - July 2*	M \$179.30	NM \$199.20
July 19 - 23	M \$224.10	NM \$249
August 9 - 13	M \$224.10	NM \$249

[REGISTER ONLINE](#)

OUTDOOR GIRLS

AGE: 10Y-13Y

Outdoor Girls is a traditional camp experience for those who identify as a girl and all who are interested in the program are welcome! Campers experience one of our high ropes challenge course elements, canoeing, kayaking, swimming, arts and crafts, yoga, and participate in interactive workshops on topics like healthy lifestyles and bullying, with special featured guests. They will also have the opportunity to experience some of our high ropes challenge courses. Staff to child ratio is 1:10 to help to ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

July 12 - 16	M \$224.10	NM \$249
August 3 - 6*	M \$179.30	NM \$199.20
August 23 - 27	M \$224.10	NM \$249

[REGISTER ONLINE](#)



SENIOR PADDLE SPORTS

AGE: 11Y-13Y

This program is meant to build on skills acquired through Junior Paddle Sports, but does not require it as a pre-requisite to attend. Focus is on building competence with advanced strokes, boating safety, on the water boat-to-boat rescues, and a culminating day-trip to our near-by Aylmer Island which is accessed from our beach on the Ottawa River. Campers will also have the opportunity to participate in other aspects of camp such as swimming, cooperative team building games, fire building, shelter building, orienteering, and high ropes challenge courses. Staff to child ratio is 1:10 to help to ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

July 5 - 9	M \$289.80	NM \$322
July 19 - 23	M \$289.80	NM \$322
August 3 - 6*	M \$231.80	NM \$257.60
August 16 - 20	M \$289.80	NM \$322

REGISTER ONLINE 



SENIOR ADVENTURE CAMP

AGE: 11Y-13Y

This program is meant to build on skills acquired through Junior Adventure Camp, but does not require it as a pre-requisite to attend. Focus is on perfecting knot tying skills and on improving technique. Campers will have the opportunity to experience our more challenging high ropes courses like, "the Double Double", "High Y" and "Static". Adventure Campers will also have the opportunity to participate in classic camp activities such as swimming, kayaking, cooperative team building games, fire building, and shelter building. Staff to child ratio is 1:10 to help to ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

June 28 - July 2*	M \$231.80	NM \$257.60
July 12 - 16	M \$289.80	NM \$322
July 26 - 30	M \$289.80	NM \$322
August 9 - 13	M \$289.80	NM \$322
August 23 - 27	M \$289.80	NM \$322

REGISTER ONLINE 

Extended Day Camp

Ages: 4Y-16Y

Extended Day Camp (EDC) is available in the morning and afternoon at our Camp Otonabee site to accommodate parents'/guardians' schedules. During EDC, campers may be required to wear masks and socially distance during activities.

7AM - 9AM	M \$28.50/wk	NM \$28.50/wk
4PM - 6PM	M \$28.50/wk	NM \$28.50/wk

To register for Extended Day Camp, select the appropriate section when registering for camp.

Leadership Programs

Ages: 14Y-16Y

LEADERS IN TRAINING

AGE: 14Y-15Y

Our leadership program is a two-week program that focuses on developing hard skills such as canoeing, kayaking and rock climbing. Campers will work as a group on these hard skills, and also learn how to instruct these activities safely. The Leaders in Training program is a hands-on program where campers work together and learn to problem solve as part of a team.

Please note: this is a small ratio program and space is limited to 10 campers per session to help ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

July 5 - 16	M \$427.50 [†]	NM \$475 [†]
July 19 - 30	M \$427.50 [†]	NM \$475 [†]

REGISTER ONLINE 



COUNSELLORS IN TRAINING

AGE: 15Y-16Y

Otonabee Counsellors in Training is a four-week program; this program is meant to build on skills acquired through the Leaders in Training program, but does not require it as a pre-requisite to attend. It is however, helpful to have had some leadership or camp experience prior to enrolling in the program. This program will expose candidates to the skills that are important to counsellors and community leaders. The first two weeks focuses on group dynamics, behavior management, risk management, and program development. The last two weeks will give campers the opportunity to talk with experienced staff and learn how to plan a program lesson. Leaders also have the opportunity to learn about water safety, master swimming skills, learn about first aid and the responsibilities of a lifeguard!

If you would like more information or to discuss this program in greater detail with the camp director, please contact the camp office. **Please note:** space is limited to 10 campers per session to help ensure social distancing and safe play within groups. Each group will have their own home base space to keep their belongings separate from others.

August 3 - 27

M \$727.20[†]

NM \$808[†]

REGISTER ONLINE 

How to Register for Y Camps



Online

Visit ymcaywca.ca and follow the links to register.

*For those who do not have access to online registration, please reach out to our camp staff at 613-832-1234 or day.camps@ymcaywca.ca for registration assistance, and we will make every effort to assist you as soon as possible. **Please note, registering online is the fastest way to secure your spot.***



By email

Download the registration form from ymcaywca.ca, complete it, and email to: day.camps@ymcaywca.ca.



In person

Download the registration form from ymcaywca.ca, complete it, and bring it to any of our Y centres.

Full payment is due at time of registration.

Once registered, please be sure to download the Y Day Camps COVID-19 FAQs, as well as the Camp Otonabee Parent's Handbook. Included in your handbook is important information about what your child should expect at camp, what they should bring with them, and Y rules and code of conduct. Parent's Handbooks and COVID-19 FAQs can be found online at ymcaywca.ca.

EXTENDED DAY CAMP

Extended Day Camp (EDC) is available for our day campers to accommodate parents'/guardians' schedules. Extended morning hours run from 7AM-9AM, and afternoon hours are 4PM-6PM. Additional charges apply. During EDC, campers may be required to wear masks and socially distance during activities.

7AM - 9AM	M \$28.50/wk	NM \$28.50/wk
4PM - 6PM	M \$28.50/wk	NM \$28.50/wk

To register for EDC, select the appropriate section when registering for camp.

CAMP OTONABEE BUSES

If your child will be taking our bus to Camp Otonabee, please see the bus schedule at ymcaywca.ca. There is an additional cost of \$20/week for each registrant.

CAMP OTONABEE VIRTUAL PARENT INFORMATION NIGHTS

Camp Otonabee will be hosting parent information nights virtually this year. These nights will provide an opportunity for campers and families to learn more about Camp Otonabee and the programs that are offered. There will be a presentation about the various camp programs and an opportunity to ask questions and meet with camp staff.

The sessions will be held over Zoom on April 22, 2021, and May 20, 2021. Both sessions will begin at 7PM. If you would like to participate please contact day.camps@ymcaywca.ca or call 613-832-1234 to receive the Zoom link.

INCLUSION PROGRAMS

We are proud to offer supportive programs for participants with special needs and requirements. This program allows campers the opportunity to participate in our camp programs with additional counsellor support ensuring that their experience is a positive one. Each camper will be assessed independently and assigned, with the help of the camper's family, a one to one or low ratio camper to counsellor experience within our camp's ability to provide the necessary support that will ensure a healthy and safe learning environment. Please note that space is limited and prices vary depending on programs. Specialty programs are subject to cost of program plus inclusion fees. To learn more, please contact our camp office at 613-832-1234 or day.camps@ymcaywca.ca.

FINANCIAL ASSISTANCE

Thanks to the generous support of donors and various fundraising initiatives year-round, we are able to provide financial assistance for families who otherwise could not afford the experience for their children. Visit ymcaywca.ca to download a Financial Assistance Application Form. For more information, please call the camp office at 613-832-1234.

REFUNDS AND TRANSFERS*

Refunds and transfers will be considered based on availability of program spaces and on a case-by-case basis. We will be flexible due to the current circumstances surrounding the COVID-19 pandemic. If children are unable to attend due to any suspected symptoms, illness, or concerns, our refund policy will reflect the needs of the community.

Parents can expect either a credit, refund, or options for donation. Please contact the camp office for more information at 613-832-1234 or day.camps@ymcaywca.ca.

* There are no refunds for children who are asked to leave camp due to behavioural issues.