



# WE'LL SEE YOU SOON



Dear Y Members and Supporters,

Last week, the Ontario government announced an end to the stay-at-home orders and a return to the [Keeping Ontario Safe and Open Framework](#) under the Orange - Restrict category. This framework helps limit the spread of COVID-19 while keeping schools and businesses open. With this announcement, and with safety precautions in place, we are pleased to share that the **Taggart Family Y fitness facility will re-open on Monday, February 22, 2021!**

Read below for more information about our re-opening, and be sure to reach out to our Membership Service Centre staff if you have any questions. They can be reached at 343-804-0720, or via [memberships@ymcaywca.ca](mailto:memberships@ymcaywca.ca).

Thank you for your support - see you soon!

The Health, Fitness, and Aquatics Team

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## Reopening - What to Expect

On Monday, February 22, the Taggart Family Y's fitness centre will once again be open **for adult Y members only**.

We will revert back to the [operation hours and guidelines](#) we had in place before the closure in December. We will be offering select [group fitness classes](#) and have [bookable sessions](#) available to access to our conditioning floor.

Please note that all Y memberships **that had previously been reactivated and then put on hold December 26, 2020**, will once again be reactivated as of February 22, 2021. If this applies to your membership, and you do not wish to be reactivated at this time, please contact the Membership Service Centre **before February 22, 2021**.

**Showers and pool** will remain closed at this time; however we expect the pool (and limited showers) to **re-open on March 1, 2021**.

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## Taggart Family Y Pool

We are pleased to offer lane swims and Aquafit classes for our members **starting March 1, 2021**.

Showers will only be available for swimmers to rinse off before entering the pool, and you must bring your own towel. The pool will be available to adult Y members (16Y+) only, and your session (maximum one per day) must be pre booked.

Members may screen in and enter the facility a maximum of 10 minutes before their pool session start time, and have 15 minutes to exit the facility at the end of their session.

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## COVID Screening

It is important that we all do our part to curb the spread of COVID-19 so that our community is healthy and

our facilities can remain open. Before your visit to the Y, complete a self assessment. If you are feeling unwell, have COVID-19 symptoms, or have been exposed to someone with COVID-19, **please stay home**.

We will be conducting health screening before allowing members to enter the facility, and remember that masks are required in all indoor spaces (until you are engaging in physical activity), including Y changerooms.

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## Booking Your Visit

In order to take part in a group fitness class or to access the conditioning floor and pool, **you must book your visit**.

Under the Orange framework, you may book a maximum of **1 session per day** - either a fitness class, conditioning floor, or pool session. Sessions can be booked up to 7 days in advance. If you have booked a session and cannot make it, please cancel it through the online booking portal, or call 343-804-0720 to let us know. This allows us to make the space available for another member.

### Booking online:

- If you don't already have one, first [set up your online Y account](#)
- Once you are set up, [log into your Y account](#). You will see a "make a booking" section at the top of the page. Follow the instructions, or [view step by step instructions on using the booking tool \(PDF\)](#).

If you are having trouble setting up your account or booking online, please contact us at [onlinesupport@ymcaywca.ca](mailto:onlinesupport@ymcaywca.ca).

You can also book your sessions via phone with our Membership Services Centre at 343-804-0720, or in person.

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