



Dear Y Members and Supporters,

This week, the Ontario government announced the [Keeping Ontario Safe and Open Framework](#), aimed at limiting the spread of COVID-19, while keeping schools and businesses open. With this announcement, and with additional safety precautions in place, we are pleased to share that the **Taggart Family Y fitness facility will re-open on Tuesday, November 10, 2020!**

Read below for more information about our re-opening, and be sure to reach out to our Membership Service Centre staff if you have any questions. They can be reached at 343-804-0720, or via memberships@ymcaywca.ca.

Thank you for your support - see you soon!

Mike Tait
Vice President, Health, Fitness, Aquatics and Camping

Reopening - What to Expect

On Tuesday, November 10, the Taggart Family Y's fitness centre will once again be open for adult Y members only.

We will revert back to the [operation hours and guidelines we had in place before the closure](#) last month, and will also include some new additional safety measures (see below). As was the case before the October closure, we will be offering select [group fitness classes](#) and have bookable sessions available to access to our **conditioning floor**.

Please note that all Y memberships that had previously been reactivated and then put on hold October 10, 2020, will once again be reactivated as of November 10, 2020.

Showers and pools will remain closed at this time; however, we have some great news. We are expecting **pools (and limited showers) to re-open on Wednesday, November 25!** More information will be available on this soon.

Additional Safety Measures

In addition to the safety [measures already in place](#), we have introduced the following new measures, effective immediately:

- Only open for Adult (16Y+) members of Y's in the National Capital Region. Unfortunately, we can not accept visitors from other Y's outside of our region at this time.
- Increased distancing of 3 metres in fitness classes and on the conditioning floor.
- A limit of 50 members maximum in the fitness facility at one time.
- Group fitness class size maximum has been reduced.
- No concurrent bookings will be allowed (no back to back bookings)

Booking Your Visit

In order to take part in a group fitness class or to access the conditioning floor, **you must** [book your visit](#).

Each session - a maximum of 1 each day - is 75 minutes long and available to book up to 7 days in advance. If you have booked a session and cannot make it, please cancel it through the online booking portal, or call 343-804-0720 to let us know. This allows us to make the space available for another member.

Booking online:

- If you don't already have one, first [set up your online Y account](#)
- Once you are set up, [log into your Y account](#). You will see a "make a booking" section at the top of the page. Follow the instructions, or [view step by step instructions on using the booking tool \(PDF\)](#).

If you are having trouble setting up your account or booking online, please contact us at onlinesupport@ymcaywca.ca.

You can also book your sessions via phone with our Membership Services Centre at 343-804-0720, or in person.



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