

TRY Supportive Housing Program helps at-risk women develop and achieve their long term goals to move to permanent housing.

THE PROGRAM PROVIDES:

- 22 affordable, single occupancy rooms
- Central location
- Assistance connecting to appropriate community resources
- Access to crisis counseling and 24/7 on-site assistance

To participate in the TRY Supportive Housing Program, you must be able to pay the program fee (set at the maximum shelter allowance rate for social assistance) and cover the cost of personal needs such as food, transportation, bedding and toiletries.

PARTICIPANTS IN THE PROGRAM:

- Must be willing to work with TRY Supportive Housing Program staff on an individual goal plan.
- Must be able to live in a communal setting with mutual respect and tolerance for differences.
- Must be willing to work with community supports and resources.
- If living with addictions, must be in recovery for a minimum of three months.
- If living with mental health challenges, must be involved with relevant supports.

TRY Supportive Housing Program residents have access to the following:

- A private, lockable room furnished with bed frame, desk, chair, storage and small fridge (must provide own mattress/linens and cooking utensils).
- A telephone line with voicemail.
- Shared kitchen and laundry facilities.
- On-site cafeteria.
- Free access to on-site facilities including a gymnasium, pool and fitness equipment.
- Internet and cable television for an additional monthly fee.

For more information call
613.237.1320 ext. 5138

