

## TEAMBUILDING and INITIATIVES

Grade 5	<p><b>Physical and Health Education</b> Locomotion/Traveling Skills: perform a combination of locomotion/traveling skills using equipment</p> <p><b>Living Skills</b> Follow the rules of fair play in games and activities, and support the efforts of peers to improve their skills; demonstrate respectful behavior towards the feelings and ideas of others; follow the rules of fair play and sports etiquette in games and activities</p> <p><b>Language Studies</b> Oral and Visual Communication, Group Skills: use constructive strategies in small-group discussions; Follow-up on others' ideas, and recognize the validity of different points of view in group discussions or problem-solving activities</p>
Grade 6	<p><b>Physical and Health Education</b> Locomotion/Traveling Skills: perform a combination of locomotion/traveling skills using equipment</p> <p><b>Living Skills</b> Follow the rules of fair play in games and activities, and support the efforts of peers to improve their skills; demonstrate respectful behavior towards the feelings and ideas of others; follow the rules of fair play and sports etiquette in games and activities</p> <p><b>Language Studies</b> Oral and Visual Communication, Group Skills: use constructive strategies in small-group discussions; follow-up on others' ideas, and recognize the validity of different points of view in group discussions or problem-solving activities;</p>
Grade 7	<p><b>Physical and Health Education</b> Healthy Living: use effective communication skills (e.g., refusal skills, active listening) to deal with various relationships and situations</p> <p>Stability Skills: balance while moving from one static position to another on the floor and on equipment</p> <p>Physical Fitness: participate fairly in games or activities (e.g., accepting and respecting decisions made by officials, whether they are students, teachers, or coaches).</p>

	<p><b>Language Studies</b>  Oral and Visual Communication, Non-verbal Communication Skills: identify some of the ways in which nonverbal communication techniques can affect audiences, and use these techniques in their own speech to arouse and maintain interest, and convince and persuade their listeners</p> <p>Group Skills: listen and respond constructively to alternative ideas or viewpoints; express ideas and opinions confidently but without trying to dominate discussion; analyze factors that contribute to the success, or lack of success, of a discussion</p>
Grade 8	<p><b>Physical and Health Education</b>  Living Skills: apply a goal-setting process to short- and long-term goals related to physical activity or fitness</p> <p><b>Language Studies</b>  Oral and Visual Communication, Group Skills: contribute collaboratively in group situations by asking questions and building on the ideas of others; work with members of their group to establish clear purposes and procedures for solving problems and completing projects</p>
Grade 9	<p><b>Physical Health and Education</b>  Movement Skills and Principles: use and combine movement skills in a variety of physical activities</p> <p>Safety: demonstrate behavior that minimizes risk to themselves and others</p> <p>Social Skills: contribute to the success of the group verbally and non-verbally, explain the benefits and disadvantages of working with others, give and receive assistance, use appropriately a variety of methods for reaching group agreement</p>
Grade 10	<p><b>Physical Health and Education</b>  Movement Skills and Principles: demonstrate the use and combination of motor skills in a variety of physical activities, demonstrate understanding of the importance of movement principles in performing isolated or combined movement skills</p> <p>Safety: demonstrate behavior that minimizes risk to themselves and others</p> <p>Social Skills: demonstrate behaviors that are respectful of others' points of view, describe their own contribution to and effectiveness within a group.</p>

Grade 11	<p><b>Physical Health and Education</b></p> <p>Active Participation: demonstrate positive, responsible personal and social behavior in physical activity settings</p> <p>Decision Making: apply strategies to establish priorities and set goals</p> <p>Social Skills: explain aspects of the process of group dynamics, evaluate group effectiveness, use strategies for giving constructive feedback to individuals and groups, explain their contribution to the maintenance of positive peer relationships.</p>
Grade 12	<p><b>Physical Health and Education</b></p> <p>Safety: apply appropriate guidelines and procedures for safe participation in physical activity, demonstrate behavior that minimizes risk to themselves and others</p> <p>Social Skills: demonstrate an ability to work effectively with groups of individuals from different cultures to accomplish group goals, demonstrate an ability to use strategies needed to overcome the barriers to functioning effectively as a group, demonstrate an ability to use appropriate strategies to reach group consensus</p> <p>Leadership Skills: apply communication skills and strategies that help develop positive relationships, demonstrate an understanding of strategies that facilitate the decision-making process, taking into consideration self, others, and available resources</p>