


Monday / lundi	Tuesday / mardi	Wednesday / mercredi	Thursday / jeudi	Friday / vendredi
		1 Immigration Application Assistance Offered by Jewish Family Services (JFS) 1:00 pm – 4:00 pm	2	3 Immigration Application Assistance Offered by Jewish Family Services (JFS) 9:00 am – 12:00 pm
6	7 Black History Month Celebration Offered by NIC 2:00 pm-5:00 pm  Célébration du Mois de l'histoire des Noirs Présenté par L'INA 14h00 - 17h00	8 Immigration Application Assistance Offered by Jewish Family Services (JFS) 1:00 pm – 4:00 pm Sponsoring Your Loved Ones- The Sponsorship Process Offered by Jewish Family Services (JFS) 2:00 pm – 3:00 pm	9 Carleton University Information Session Offered by Carleton University 2:00 pm - 3:00 pm	10 Immigration Application Assistance Offered by Jewish Family Services (JFS) 9:00 am – 12:00 pm
13	14 Déclaration d'impôt Présenté par la Conseil Economique & Social d'Ottawa-Carleton(CESOC) 13h30 - 15h00	15 Immigration Application Assistance Offered by Jewish Family Services (JFS) 1:00 pm – 4:00 pm Access to Canadian Health Services Offered by Ottawa Public Health 3:00 pm - 4:00 pm	16	17 Immigration Application Assistance Offered by Jewish Family Services (JFS) 9:00 am – 12:00 pm
20 CLOSED / FERMÉ FAMILY DAY JOURNÉE DE LA FAMILLE	21 Sponsoring Your Loved Ones - The Sponsorship Process Offered by Jewish Family Services (JFS) 5:30 pm – 6:30 pm	22 Immigration Application Assistance Offered by Jewish Family Services (JFS) 1:00 pm – 4:00 pm How to Apply for Permanent Residency in Canada Offered by Jewish family Services (JFS) 2:00 pm - 3:00pm	23 The Canadian Citizenship Study Process Offered by the Lebanese & Arab Social Services Agency of Ottawa (LASSA) 11:00 am - 12:30 pm Algonquin College Information Session Offered by Algonquin College 2:00 pm – 3:00 pm	24 Immigration Application Assistance Offered by Jewish Family Services (JFS) 9:00 am – 12:00 pm
27	28	29		

Please register by phone or by email / Veuillez vous inscrire par téléphone ou par courriel

Tel: 613-238-5462 / nicinfo@nationalcapitalregionymca-ywca.ca

Please visit our website www.ymcaywca.ca / S.V.P. visiter notre site web www.ymcaywca.ca



Catholic Immigration Centre of Ottawa (CIC)
Centre catholique pour immigrants d'Ottawa
Tel: 613-232-9634



Ottawa Chinese Community Service Centre
Tel: 613-235-4875



Jewish Family Services of Ottawa-Carleton
Centre juif de services familiaux d'Ottawa-Carleton
Tel: 613-722-2225



Community Immigrant Services Organization (OCISO) /
Organisme communautaire des services aux immigrants d'Ottawa
Tel: 613-725-0202

Y NIC Workshop Descriptions / Description des ateliers à l'INA du Y

February 1,3, 8, 10,15, 17, 22, 24 & 29: Immigration Application Assistance

- Need help with your Citizenship and Immigration Canada application or form? Every Wednesday afternoon and Friday morning of this month, settlement workers of the Jewish Family Services will be available at our centre to provide assistance with immigration processes and review of application forms.

February 07: Black History Month Celebration

- Come and celebrate the Black History Month
- Participants will receive a Y gym pass
- Everyone who attends the event will receive bus tickets
- Some refreshments will be served

February 8 & 21: Sponsoring Your Loved Ones

- Learn about the eligibility criteria for you and the one you wish to sponsor
- Receive an overview of how to complete the application forms
- Have your questions about sponsorship answered by a professional

February 9: Carleton University Information Session

- Learn about the educational options at Carleton University that quickly lead to employment
- Receive an overview of the academic program options suitable for you and see how you can become college eligible

February 14: Déclaration d'impôt

- L'atelier sur la déclaration d'impôt a pour but d'aider les nouveaux arrivants à remplir le formulaire de Revenu Canada,
- les sensibiliser aux réalités civiques
- Poser des questions sur comment remplir vos formulaire de déclaration
- Nous vous expliquerons aussi des implications directes sur d'autres services gouvernementaux tels que la prestation fiscale pour enfant

February 15: Access to Canadian Health Care Services

- Learn the steps to access Canadian Health Care Services in Ontario
- Receive an overview of what Ottawa Public Health can do for you

February 22: How to Apply for Permanent Residency in Canada

- Review the application form and processing times
- Learn about the process of becoming a permanent resident of Canada if you are currently at temporary worker, student or visitor

February 23: The Canadian Citizenship Process

- Understand the process of the citizenship application
- Learn how to prepare yourself for the citizenship test
- Receive a free sample of the latest Study Guide

February 23: Algonquin College Information Session

- Learn about the educational options at Algonquin College that quickly lead to employment
- Receive an overview of the academic program options suitable for you and see how you can become college eligible
- Find out how internationally trained professionals may receive credits towards a diploma



Tel: 613-526-2075



Lebanese and Arab Social Services Agency of
Ottawa / Agence libanaise et arabe des
services sociaux d'Ottawa
Tel: 613-236-0003



Tel: 613-233-0453



Tel: 613-729-3145



Conseil Economique & Social
d'Ottawa-Carleton / Economic & Social Council
of Ottawa-Carleton
Our language, our colours, our cultures,
it's there the strength of our French-speaking Community,
and also its future.
Tel: 613-248-1343