


## Newcomer Youth Leadership Development Program (NYLD) Septembre Calendar



 Find us on Instagram  
@nyldottawa









For registration or more information please call, text, email or send us a WhatsApp message  
Phone: 613-291-1824 or 343-999-2067 | Email: [nyld@ymcaywca.ca](mailto:nyld@ymcaywca.ca)

### LEARN

### LIVE

### LEAD

### LAUGH

| Monday    | Tuesday   | Wednesday | Thursday  | Friday    | Calendar Descriptions  |
|-----------|---|-----------|---|-----------|--|
|           | <u>1</u>  | <u>2</u>  | <u>3</u><br><b>Drop In Conversation</b><br>4:30pm – 6:30pm<br>    | <u>4</u>  | <b>Drop In Conversation</b><br>Join us for a pressure free drop in session. Members will get a chance to discuss various topics in a casual and fun environment.   |
| <u>7</u>  | <u>8</u><br><b>Trivia Night</b><br>4:30pm – 6:30pm<br>                             | <u>9</u>  | <u>10</u><br><b>Choose Right Live Well</b><br>4:30pm – 6:30pm<br> | <u>11</u> | <b>Trivia Night</b><br>Join us virtually along with your other NYLD friends for an afternoon full of trivia based games. Don't forget to bring your energy and enthusiasm.<br><b>Choose Right Live Well</b><br>Live a healthier lifestyle by making the right choices. Learn how to eat healthier without sacrificing taste. |
| <u>14</u> | <u>15</u><br><b>Volunteer:<br/>Organized by youth</b><br>4:30pm – 6:30pm<br>      | <u>16</u> | <u>17</u><br><b>Read and Learn</b><br>4:30pm – 6:30pm<br>        | <u>18</u> | <b>Volunteer Sessions</b><br><b>Organized by youth &amp; Youth Lead Discussions</b><br>Want to gain volunteer hours? This session is entirely organized by YOU and your NYLD friends! You will have a chance to be in charge, gain leadership skills and volunteer hours... YAY!   |
| <u>21</u> | <u>22</u><br><b>Scavenger Hunt</b><br>4:30pm – 6:30pm<br>                        | <u>23</u> | <u>24</u><br><b>Chef Challenge</b><br>4:30pm – 6:30pm<br>       | <u>25</u> | <b>Read and Learn</b><br>Want to improve your English and reading skills? We will be reading various stories and practice reading comprehension.   |
| <u>28</u> | <u>29</u><br><b>Volunteer: Youth Lead<br/>Discussions</b><br>4:30pm – 6:30pm<br> | <u>30</u> |   |           | <b>Scavenger Hunt &amp; Chef Challenge</b><br>Join us for 2 interactive sessions. Scavenge through your house to find certain items in the fastest possible time. The Chef Challenge will allow members to make a meal using ingredients that will be delivered to your door.  |

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